








Week 1

Spring Menu





	 MONDAY	 TUESDAY	 WEDNESDAY	 THURSDAY	 FRIDAY
Morning Snack with milk	Toast with salad sticks	Beetroot bread & fruit	Tropical brunch bar & salad sticks	Cheese and bacon muffins & fruit	Tea loaf & fruit
Lunch	Sausage casserole	Chilli with hidden tomato & veg sauce, brown rice	Roast chicken & trimmings	Homemade fish cakes with baked beans and veg	Vegetable and lentil soup with wholemeal cheese scones
Vegetarian Option	Quorn sausage casserole	Vegetable chilli	Quorn roast & trimmings	Homemade veggie cakes with baked beans	Vegetable and lentil soup
Pudding	Cheese, apple & melon	Low Sugar Apple Cake	Fresh fruit platter	Bananas with custard	Low sugar fruit crumble cake
High Tea with milk	Mild fajita	Quiche and salad	Vegetable and lentil curry with couscous	Roast vegetable wraps with hummus	Roasted wedges with dips and steamed veg
Allergens	Wheat, Dairy	Egg, dairy, Wheat	Wheat	Wheat, Dairy	Wheat, Dairy

Water is available throughout the day. Our milks include cows, rice, lactose soya. We offer wheat, soya and dairy free options using a selection of free from, Quorn, vegetable and lentil products. Breakfast is served between 7:30 – 8:30 A selection of cereals, porridge, toast with hot or cold milk.



Week 2






Spring Menu

	 MONDAY	 TUESDAY	 WEDNESDAY	 THURSDAY	 FRIDAY
Morning Snack with milk	Crackers, cheese and fruits	Crumpets, soft cheese and fruits	Cheese, marmite swirls & salad sticks	Sunflower flapjack with fruit	Banana loaf & fruit slices
Lunch	Fish pie with seasonal veg	Super stew with dumplings	Wholemeal spaghetti bolognaise	Sausage, potatoes and veg	Mushroom, leek and chicken lasagne with veg
Vegetarian Option	Quorn fillets with seasonal veg	Super vegetable Stew	Vegetable bolognaise	Quorn sausage, potatoes and veg	Vegetable lasagne
Pudding	Fruit crumble with ice cream	Apple and raisins	Beetroot and chocolate cake	Natural yogurt & honey (not for under 1s)	Fresh Fruits
High Tea with milk	Homemade pizza and steamed veg fingers	Hot dogs with salad	Jacket potato with tuna or ham and salad	Leek and potato soup with roll	Beans on toast
Allergens	Wheat, Dairy	Wheat, Dairy	Wheat, Dairy	Wheat, Dairy	Wheat, Dairy



Week 3

Spring Menu

	 MONDAY	 TUESDAY	 WEDNESDAY	 THURSDAY	 FRIDAY
Morning Snack with milk	Crackers bread and fruits	Breakfast brunch bar with fruit	Breadsticks and salad sticks	Pitta bread, dips and salad sticks	Muffins and salad sticks
Lunch	Vegetable and lentil stew with rolls	Cottage pie topped with root mash & veg	Lasagne served with garlic bread and veg	Roast chicken, vegetables and couscous	Sausages, root mash and baked beans
Vegetarian Option	Vegetable and lentil stew with rolls	Quorn mince pie	Vegetable lasagne	Quorn Roast, vegetables and couscous	Quorn sausages, root mash and baked beans
Pudding	Low sugar apricot short bread biscuits	Peach melba	Low sugar fruit jelly	Carrot cake	Fruit and yogurt
High Tea with milk	Tomato and basil wholemeal pasta	Roast vegetable and lentil soup with pitta bread	Tuna/cheese sandwich with wedges	Homemade vegetable and cheese rolls & fruit	Pasta salad
Allergens	Wheat, Dairy	Wheat, Dairy	Wheat, Egg, Dairy	Wheat, Dairy	Wheat, Dairy

Water is available throughout the day. Our milks include cows, rice, lactose soya. We offer wheat, soya and dairy free options using a selection of free from, Quorn, vegetable and lentil products. Breakfast is served between 7:30 – 8:30 A selection of cereals, porridge, toast with hot or cold milk.