

hdc

Happy Memories. Curious Minds.

Spring Menu



Monday



Tuesday



Wednesday



Thursday



Friday

Morning Snack
with milk

Toast fingers and
pureed fruits

Mashed banana and
breadsticks

Natural yogurt
and fruits

Steamed carrot sticks

Baby rice with
pureed fruit

Lunch
Totalling to 200g

Cauliflower, potato and
leek puree with broccoli
florets

Broccoli and pea puree
with an option to add
chicken

Root mash with
green beans

Vegetable and lentil
soup with bread fingers

Mashed swede, carrots
and parsnips

Vegetarian Option

Broccoli and pea puree

Pudding

Mashed/sliced apricots

Natural yogurt and fruit

Mashed banana

Soft fruit slices

Orchard fruit puree

High Tea

with milk

Fruit puree with yogurt
and breadsticks

Jacket potatoes with
beans

Avocado puree with
cucumber fingers

Cheese, apple and
potato mash

Carrot batons and
toast fingers

Allergens

Wheat, Dairy

Dairy, Wheat

Wheat, Dairy

Dairy, Wheat

Wheat, Dairy

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Spring Menu



Monday



Tuesday



Wednesday



Thursday



Friday

Morning Snack
with milk

Pureed fruit and
½ a rice cake

Porridge and fruit

Yogurt and fruit

Bread stick
and pureed fruit

Toast fingers and
mashed banana

Lunch
Totalling to 200g

Pureed vegetables with
green bean fingers

Vegetable and
lentil puree

Tomato and
vegetable puree

Broccoli florets and root
mash

Cauliflower, potato and
leek puree with
cucumber sticks

Vegetarian Option

Pudding

Pureed fruit and yogurt

Mashed banana

Apple and cheese
fingers

Custard and
pureed fruit

Natural yogurt

High Tea

Homemade soup with
toast fingers

Tomato and vegetable
puree with salad sticks

Toast fingers with
steamed vegetable
sticks

Tomato and root
vegetables

Pitta fingers with soft
cheese

with milk
Allergens

Wheat, Dairy

Wheat, Dairy

Wheat, Dairy

Wheat, Dairy

Wheat, Dairy

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Monday



Tuesday



Wednesday



Thursday



Friday

Spring Menu

Morning Snack
with milk

Pureed fruit and
breadsticks

Yogurt and fruit

Pureed fruit and toast
fingers

Beetroot bread fingers
and pureed fruit

Fresh fruit puree

Lunch
Totalling to 200g

Potato, leek and
cheese pie

Tomato and
vegetable puree

Mashed swede, carrot
and parsnip

Vegetable and bean mix

Root mash with
broccoli florets

Vegetarian Option

Pudding

Pureed fruit

Mashed banana

Custard

Pureed Apple

Natural yogurt

High Tea

with milk

Scrambled egg and
toast fingers

Pitta fingers and
steamed vegetables

Pureed beans with bread
fingers

Fruit puree, yogurt and
breadsticks

Cheese apple and
potato mash

Allergens

Wheat, Dairy, Egg

Wheat, Dairy

Wheat, Dairy

Wheat, Dairy

Wheat, Dairy