

hdc

Happy Memories. Curious Minds.

Autumn Term



Monday



Tuesday



Wednesday



Thursday



Friday

Cafe Snack
with milk

Children's choice served between 10:00 – 10:30
A varied selection of rice cakes, toast, crumpets, muffins, tea loaf, fruit, vegetable sticks and yogurt

Lunch
Totalling to 200g

Turkey and vegetable
curry served on a bed of
brown rice

Chicken pie, potatoes
and vegetables

Tuna and vegetable
pasta bake

Cottage pie served with
fresh, organic
vegetables

Swedish meat balls, with
hidden vegetable sauce

Vegetarian Option

Vegetarian curry served
on a bed of brown rice

Quorn pie, potatoes and
vegetables

Vegetable pasta bake

Vegetable and lentil pie

Tomato and vegetable
pasta

Pudding

Greek yogurt and fresh
fruit puree

Sugar-free fruit jelly

Seasonal fruit crumble
and custard

Pineapple cake

Cheese, melon and
apples

High Tea

with milk

Cheese straws, cherry
tomato and apple slices

Leek and potato soup

Savoury pitta and salad
sticks

Beans on toast

Chicken and salad wraps

Allergens

Milk, Cereal

Milk, Cereal

Milk, Cereal, Fish

Milk, Cereal

Milk, Cereal



Monday



Tuesday



Wednesday



Thursday



Friday

Cafe Snack
with milk

Children's choice served between 10:00 – 10:30
A varied selection of rice cakes, toast, crumpets, muffins, tea loaf, fruit, vegetable sticks and yogurt

Lunch
Totalling to 200g

Tomato and vegetable
pasta bake

Fish fingers with new
potatoes and beans

Turkey bolognaise in a
homemade tomato and
vegetable sauce

Roast dinner including
potatoes and vegetables

Chicken and bacon
carbonara with seasonal
vegetables

Vegetarian Option

Veggie fingers with new
potatoes and beans

Meat-free bolognaise in
a homemade tomato
and vegetable sauce

Quorn roast including
potatoes and vegetables

Creamy vegetable
carbonara with seasonal
vegetables

Pudding

Seasonal fruit crumble
and custard

Greek yogurt and fresh
fruit puree

Fruit sorbet

Seasonal fresh
fruit platter

Sugar-free fruit jelly

High Tea

with milk

Soup of the day with a
crusty roll

Sausage or vegetarian
rolls served with salad
sticks

Jacket potatoes with
savory fillings

Homemade pizza
and salad

Cheese and vegetable
swirls with salad fingers

Allergens

Milk, Cereal

Milk, Cereal, Fish

Milk, Cereal

Milk, Cereal

Milk, Cereal



Monday



Tuesday



Wednesday



Thursday



Friday

Morning Snack
with milk

Children's choice served between 10:00 – 10:30

A varied selection of rice cakes, toast, crumpets, muffins, tea loaf, fruit, vegetable sticks and yogurt

Lunch
Totalling to 200g

Macaroni cheese served
with a fresh vegetables
and garlic bread

Toad in a hole, mashed
potatoes and vegetables

Salmon and vegetable
stir-fry with noodles

Hot Pot of the day

Beef and lentil chili
served with brown rice

Vegetarian Option

As above, served with
Vegan cheese

Meat-free toad in a
hole, mashed potatoes
and vegetables

Vegetable stir-fry

Vegetable and pulses
hot pot

Vegetable and lentil
chili served with
brown rice

Pudding

Mandarin sponge

Sugar-free fruit jelly

Greek yogurt and fresh
fruit puree

Fruit salad

Seasonal fruit crumble
and custard

High Tea

with milk

Jacket potato with
savory fillings

Savory wholemeal
wraps and salad

Bacon and cheese
muffins

Soup of the day with a
crusty roll

Homemade pizza and
salad sticks

Allergens

Milk, Cereal

Milk, Cereal

Milk, Cereal, Fish

Milk, Cereal, Fish

Milk, Cereal