



Spring Term

Monday

Tuesday

Wednesday

Thursday

Friday

Snack, with milk

Children's choice served between 10:00 – 10:15
A varied selection of rice cakes, toast, muffins, fruit slices, vegetable sticks

Lunch (12.00 – 12.30)
Totalling to 200g

Fish Fingers, hdc baked beans and potato wedges

Quorn pieces, sweet potato & chickpea curry served with brown rice

Cottage pie served with fresh vegetables

Homemade pork and apple burgers with sweet potato wedges and salad

Chicken & Bacon Pasta Bake & garden peas

Vegetarian Option

Veggie Fingers, baked beans and potato wedges

Quorn mince Cottage pie served with fresh vegetables

Veggie burgers with sweet potato wedges and salad

Quorn Pasta Bake & garden peas

Pudding

Banana Cake

Seasonal fruit crumble served with custard

Sugar-free milk jelly

Greek yogurt and fresh fruit puree

Fresh fruit platter

High Tea, with Milk (4.00 – 4.15)

Cheese & Bacon Turnovers with salad

DIY Wraps, with a selection of fillings

Homemade Sausage/Veggie Rolls with cherry tomato and apple slices

hdc mixed beans on toast

Savoury pitta and salad sticks

Allergens

Milk, Cereal, Fish, Egg

Milk, Cereal, Egg

Milk, Cereal

Milk, Cereal

Milk, Cereal

Water is available throughout the day. Our milks include cows, rice, lactose soya. We offer wheat, soya and dairy free options using a selection of free from, Quorn, vegetable and lentil products. Breakfast is served between 7:30 – 8:15. You can expect a selection of healthy cereals, porridge, toast and hot or cold milk.



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Thursday



Friday

Snack, with milk

Children's choice served between 10:00 – 10:15
A varied selection of rice cakes, toast, muffins, fruit slices, vegetable sticks

Lunch (12.00 – 12.30)
Totalling to 200g

Chicken & Sweetcorn pie, with New potatoes and garden peas

Meatballs in hidden vegetable sauce with couscous

Toad in the hole, new potatoes and seasonal vegetables

Meat-free bolognese in a tomato and hidden vegetable sauce, served with wholewheat spaghetti

Tuna & Pasta Salad with cherry tomatoes and cucumber sticks

Vegetarian Option

Quorn & Sweetcorn pie, with New potatoes and garden peas

Veggie Meatballs in hidden vegetable sauce with couscous

Veggie Toad in the hole, New potatoes and seasonal vegetables

Pudding

Summer fruits served with natural yoghurt

Chocolate & pear cake served with custard

Fruit and Ice cream

Apple pie & custard

Blueberry muffins and natural yoghurt

High Tea, with Milk (4.00 – 4.15)

Fish Finger Tacos with natural yoghurt and mint dressing

Homemade sausage or vegetarian rolls served with salad sticks

Mac 'n' Cheese with peas and cucumber sticks

Omelette wedges with coleslaw and salad

Homemade pizza and salad

Allergens

Milk, Cereal, Fish

Milk, Cereal, Egg

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Milk, Cereal, Egg

Milk, Cereal, Fish & Egg

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A varied selection of rice cakes, toast, muffins, fruit slices, vegetable sticks

Lunch (12.00 – 12.30)
Totalling to 200g

Sausage & hidden vegetable ragu with couscous

Roast Chicken, roast potatoes & fresh vegetables

Fish cakes (mixed fish), sweet potato wedges, peas & sweetcorn

Homity pie with hdc mixed beans

Beef and red lentil chili served with brown rice

Vegetarian Option

Veggie sausage & hidden vegetable ragu with couscous

Roast Quorn, roast potatoes & fresh vegetables

Veggie fingers, sweet potato wedges, peas & sweetcorn

Vegetable and red lentil chili served with brown rice

Pudding

Fresh Fruit Platter

Sugar free Milk jelly with fruit puree

Greek yogurt and fresh fruit puree

Fruit crumble and custard

Summer Fruit Fool

High Tea, with Milk (4.00 – 4.15)

Vegetable & lentil soup with wholemeal scones

Sandwiches with selection of fillings & salad

Pitta pockets with savoury fillings

Fish finger wraps with salad

Egg, cheese and broccoli muffins served with salad sticks

Allergens

Milk, Cereal

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Milk, Cereal, Fish

Milk, Cereal, Fish

Milk, Cereal, Egg

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